The Supplemental Nutrition Assistance Program (SNAP) is the nation’s most important anti-hunger program.

**Who Does SNAP Reach?**

In January 2013, it reached:

- **419,000** Iowa residents, or **14%** of the state population (**1 in 7 people**)
- **47,772,000** participants in the United States, or **15%** of the total population (**1 in 7 people**)

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<td>more than</td>
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<td>72%</td>
<td>21%</td>
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<td>of all SNAP participants</td>
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<td>are in families with children</td>
<td>are in families with elderly or disabled members</td>
<td>are in working families</td>
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**Over Two-Fifths of Those Who Receive SNAP Benefits in Iowa Are Children; One-Quarter Are Adults Living With Children**

In Iowa many households still struggle to put food on the table:

- **12%** of households struggle to afford a nutritionally adequate diet.
- **5.0%** of the labor force was unemployed in January 2013.
- **10.4%** of the population lives below the poverty line.
- **14.0%** of children live below the poverty line.
- **6.1%** of elderly live below the poverty line.

**SNAP reaches needy populations:** 88% of eligible individuals participate in SNAP in Iowa, meaning that **12%** of eligible individuals don’t receive benefits.

In Iowa, **81%** of households receiving SNAP have income below the poverty line (about $22,000 for a family of four in 2012), and **39%** of households are in deep poverty, with income below 50% of the poverty line.

Source: CBPP analysis of data from USDA Food and Nutrition Service, FY 2011
What Benefits Do SNAP Recipients Receive?

SNAP targets benefits according to need. Very poor households receive more SNAP benefits than households closer to the poverty line since they need more help affording an adequate diet.

Households receive SNAP benefits on electronic benefit transfer (EBT) cards, which can be used only to purchase food at one of the 231,000 authorized retail locations around the country, 2,600 in Iowa.

**In Iowa in 2012...**

<table>
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<tr>
<th>Average monthly SNAP benefit for each household member:</th>
<th>$121.20*</th>
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<tr>
<td>Average monthly SNAP benefit per person per meal:</td>
<td>$1.35*</td>
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*This amount includes the temporary 13.6 percent boost in benefits provided by the recent economic recovery legislation, which will expire in November 2013.

**Average Monthly SNAP Benefit By Demographic Group, Iowa**

- **All households**: $267
- **Households with children**: $396
- **Working households**: $286
- **Households with seniors**: $122
- **Households with non-elderly disabled individuals**: $189


How Does SNAP Benefit the Economy?

Moody's Analytics estimates that in a weak economy, $1 in SNAP benefits generates $1.70 in economic activity. SNAP benefits pumped about $593 million into Iowa’s economy in 2012.

For more information on the SNAP program, including Iowa-specific information, please see:
- USDA's Building a Healthy America: A Profile of the Supplemental Nutrition Assistance Program - April 2012: [http://www.fns.usda.gov/ORA/menu/Published/SNAP/FILES/Other/BuildingHealthyAmerica.pdf](http://www.fns.usda.gov/ORA/menu/Published/SNAP/FILES/Other/BuildingHealthyAmerica.pdf)
- IA state SNAP program: [http://www.dhs.iowa.gov/Consumers/Assistance_Programs/FoodAssistance/index.html](http://www.dhs.iowa.gov/Consumers/Assistance_Programs/FoodAssistance/index.html)